



Scoil Oilibhéir Naofa, Bettystown.

Future First Aiders from Scoil Oilibhéir Naofa



A huge thank you to **Ms Carol Daly** for organising **Mark and Warren** from the **Civil Defence** to come into **Senior Infants** recently as part of their lessons about **'People Who Help Us'**. The children were shown how to resuscitate, make a sling and save someone from choking. They also got to check out the Civil Defence jeep and examine all the first aid equipment. They had a super time learning this new information.



Following on from obtaining our Health Promoting School flag in October we had our first ever Wellness Week. Staff enjoyed participating in mindful breathing, eating and walking. Pupils were given no written homework instead they focused on extra physical activities, emotional wellbeing and healthy eating. The children raised funds to help fund a defibrillator.

Some of the activities they were involved in:-

Walked 5 laps around the school with their teacher



Skipped for 10



Rode on their bikes or scooters for fifteen minutes



If you have a child who will be 4 years old before 31st March 2019 and wish to enrol them, please contact 041-9887431 or email office@bettystownschool.ie.